



INDEPENDENT LIVING



ASSISTED LIVING



REHABILITATION SERVICES



SKILLED NURSING



MEMORY SUPPORT

A CONTINUUM OF CARE

THE MOORINGS
OF ARLINGTON HEIGHTS



*The Moorings of Arlington Heights is
renowned not only for the beauty and
livability of its campus, but also for its
exceptional continuum of care.*



The Care You Need When And Where You Need It

THE MOORINGS OFFERS:



Independent Living at The Moorings

Even when you're active and independent it's nice to know a comprehensive continuum of care is available if you need it.



The Highlands Assisted Living

For independent-minded older adults who may need some extra support with daily activities, our state-of-the-art assisted living residences are ideal.



The Health Care Center – Rehabilitation and Skilled Nursing

Personalized care whether for a short-term recovery from a hospitalization or a long-term health issue.



Memory Support

We offer an innovative approach to care designed to meet the needs of residents with memory issues.

The comprehensive continuum of care at The Moorings provides older adults with complete access to any level of health care they may need.

Independence That Comes With Real Peace of Mind



For more than 100 years, Presbyterian Homes has earned a reputation for creating extraordinary life plan communities that offer older adults a sense of independence and security.

The apartments and villas at The Moorings offer residents an active social life, maintenance-free residences and a wide variety of amenities including restaurant-style dining, an aquatic center, fitness center and much more.

Yet, even with such an abundance of choices, the reason that so many people choose The Moorings is the exceptional community of residents and the security and peace of mind that comes with our renowned continuum of care.



A large, warm-toned photograph of five senior adults—three women and two men—smiling and laughing together. They are dressed casually, with one woman in the foreground wearing a plaid shirt and another in the center wearing a grey cardigan over a floral top. The background is softly blurred.

Independent Living





Assisted Living



Assisted Living at The Highlands Helps Maintain Your Independence

The Highlands at The Moorings is designed for older adults who need some extra support with daily activities in order to maintain their independence.

At The Highlands, our professional, attentive and well-trained staff provides care and services tailored to each person's needs. If you need help with dressing, bathing or managing medications our onsite licensed nurses and resident assistants are available 24/7.



The Personalized Support You Deserve

At The Highlands, we don't believe assisted living and independent living are mutually exclusive.

We've designed our assisted living program to help residents stay as independent as they can while remaining safe and comfortable.

Our staff provides a compassionate, intuitive way of caring. We build meaningful relationships with residents, the kind that create trust and leads to better care. The Highlands offers residents a variety of amenities including spacious one-bedroom apartments.



Assisted Living Benefits Include:

- ✓ State-of-the-art luxurious assisted living residences
- ✓ Three delicious meals daily
- ✓ 24-hour assistance with daily living activities
- ✓ Housekeeping services
- ✓ Personalized levels of care
- ✓ Nurses 24-hours a day
- ✓ Safety/wellness checks multiple times a day
- ✓ Geriatric-certified Medical Director on staff
- ✓ Social worker to meet each resident's needs
- ✓ A multi-disciplinary team approach for comprehensive care
- ✓ Priority access to a complete continuum of health care
- ✓ Chaplain and Pastoral Care services
- ✓ Programs and events outside of the community
- ✓ Scheduled transportation to various entertainment venues, shopping and restaurants
- ✓ Formal gardens, walking paths & shaded outdoor seating

Receive Superior Care at the Health Care Center

As a part of The Moorings' continuum of care, the consistently rated 5-star Health Care Center offers residents short-term rehabilitation and long-term skilled nursing care in a comfortable home-like setting.



Individualized Rehabilitation and Skilled Nursing, including Memory Care

The Health Care Center at The Moorings is designed to look and feel like home with sun-filled rooms that overlook our campus with its shaded walking paths, mature trees and flowering gardens.

A Director of Nursing leads our multi-disciplinary team that oversees every aspect of our primary nursing care. Our rehabilitation program follows a similar approach with a dedicated team of nurses, therapists, and physicians who are experienced specialists in geriatric care. We do more than simply guide you through your therapy activities, we build a strong bond with you, supporting and encouraging you through every step of your recovery.



CARF accreditation is a sign of quality and should be an important consideration in the decision-making process of selecting a community. The Moorings has earned the exclusive CARF accreditation since 1990.



Rehabilitation
&
Skilled Nursing





Specialized Memory Support

Specialized Memory Support for Older Adults at The Highlands Assisted Living

Our Memory Support at The Highlands at The Moorings is at the forefront of today's fresh new thinking. We care for people who have difficulty thinking by providing them with new opportunities for an enhanced and enriched quality of life.

The Highlands Memory Support at The Moorings is a beautiful and sensitive environment specifically designed to meet the needs of these residents. We provide dignified person-centered activities using a technology system called It's Never 2 Late. This system can adapt activities to meet each resident's abilities and increase cognitive stimulation while

enhancing family involvement. Residents are able to improve their socialization and quality of life by taking advantage of our amenities available such as our chapel, wellness clinic, therapy services, walking paths, meditation garden and so much more.

In this setting, we provide each resident with the greatest opportunity to experience joy, friendship and the security of belonging to a community. Each individual benefits from this unique approach. We believe this innovative approach creates a relationship of trust, understanding and commitment.

A Community of Endless Possibilities

*There really is no such thing as a typical day here.
Your life is whatever you want it to be.*

Through our CHOICES program, residents have the opportunity to choose from a vast and varied selection of activities within the seven dimensions of wellness – social, physical, environmental, spiritual, emotional, intellectual and community.

Whether you're looking for an active social life, educational opportunities or encouragement to live a healthier lifestyle, the CHOICES program offers residents the perfect opportunity to explore the widest range of possibilities.

THE MOORINGS OF ARLINGTON HEIGHTS

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Discover The Moorings of Arlington Heights

Located on a beautiful 45-acre campus, The Moorings is one of the most highly regarded retirement communities in Chicago's northwest suburbs. It is a vibrant engaging community that provides residents with opportunities to make new friends, pursue a healthier lifestyle and experience personal and spiritual growth.

⊕ Presbyterian Homes

