



INDEPENDENT LIVING



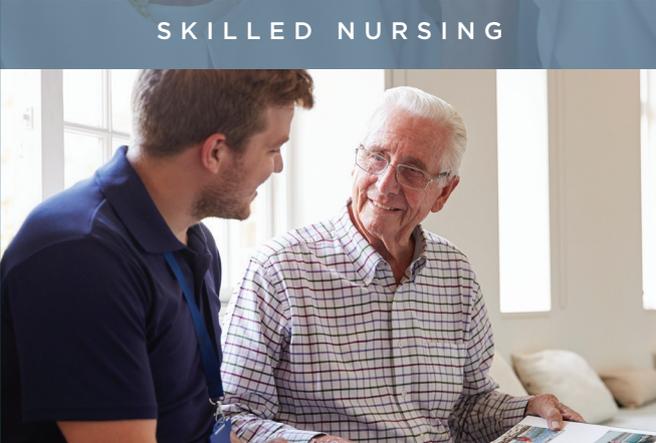
ASSISTED LIVING



REHABILITATION SERVICES



SKILLED NURSING



MEMORY SUPPORT

A CONTINUUM
OF CARE

LAKE FOREST PLACE



Lake Forest Place is renowned not only for the beauty and livability of its campus, but also for its exceptional continuum of care.



The Care You Need When And Where You Need It

LAKE FOREST PLACE OFFERS:



Independent Living at Lake Forest Place

Even when you're active and independent it's nice to know a comprehensive continuum of care is available if you need it.



The Highlands Assisted Living

Designed for independent minded older adults who may need some extra support with daily activities.



The Balmoral Care Center – Rehabilitation and Skilled Nursing

Personalized care whether for a short-term recovery from a hospitalization or a long-term health issue.



Memory Support

We offer an innovative approach to care designed to meet the needs of residents with memory issues.

The comprehensive continuum of care at Lake Forest Place provides older adults with complete access to any level of health care they may need.

Independence That Comes With Real Peace of Mind



For more than 100 years, Presbyterian Homes has earned a reputation for creating extraordinary life plan communities that offer older adults a sense of independence and security.

The apartments and cottages at Lake Forest Place offer residents an active social life, maintenance-free residences and a wide variety of amenities including restaurant-style dining, an aquatic center, fitness center and much more.

Yet, even with such an abundance of choices, the reason that so many people choose Lake Forest Place is the exceptional community of residents and the security and peace of mind that comes with our renowned continuum of care.





*Independent
Living*





*Assisted
Living*



Assisted Living at The Highlands Helps Maintain Your Independence

The Highlands Assisted Living at Lake Forest Place is designed for older adults who need some extra support with daily activities in order to maintain their independence.

At The Highlands, our professional, caring and well trained staff provide care and services tailored to each person's needs. If you need help with dressing, bathing or managing medications, our onsite licensed nurses and resident assistants are available daily.



The Personalized Support You Deserve

At The Highlands, we don't believe assisted living and independent living are mutually exclusive. We've designed our assisted living program to help residents stay as independent as they can while remaining safe and comfortable.

Our staff provides a compassionate, intuitive way of caring. We build meaningful relationships with residents, the kind that create trust and lead to better care. The Highlands offers residents a variety of amenities including spacious one-bedroom apartments.



Assisted Living Benefits Include:

- ✓ Three delicious meals daily
- ✓ 24-hour assistance with daily living activities
- ✓ Housekeeping services
- ✓ Personalized levels of care
- ✓ Nurses on staff daily
- ✓ Safety/wellness checks multiple times a day
- ✓ Geriatric-certified Medical Director
- ✓ Social worker to meet each resident's needs
- ✓ A multi-disciplinary team approach for comprehensive care
- ✓ Priority access to a complete continuum of health care
- ✓ Chaplain and Pastoral Care services
- ✓ Programs and events outside of the community
- ✓ Scheduled transportation to various entertainment venues
- ✓ Formal gardens, walking paths & shaded outdoor seating

Receive Superior Care at the Balmoral Care Center

As a part of the Lake Forest Place continuum of care, the consistently 5-star rated Balmoral Care Center offers residents short-term rehabilitation and long-term skilled nursing care in a comfortable private room.



Individualized Rehabilitation and Skilled Nursing Care

The Balmoral Care Center at Lake Forest Place is designed to look and feel like home with sun-filled rooms that overlook our campus with its shaded walking paths, mature trees and flowering gardens.

A Director of Nursing leads our multi-disciplinary team that oversees every aspect of our primary nursing care. Rehabilitation therapy follows a similar approach with a dedicated team of nurses, therapists, and physicians who are experienced specialists in geriatric rehabilitation. We do more than simply guide you through your therapy activities, we build a strong bond with you, supporting and encouraging you through every step of your rehabilitation and recovery.



CARF accreditation is a sign of quality and should be an important consideration in the decision-making process of selecting a community. Lake Forest Place has earned the exclusive CARF accreditation since 1990.



*Rehabilitation
&
Skilled Nursing*





*Specialized
Memory
Support*

Specialized Memory Support for Older Adults at The Highlands Assisted Living

Our Memory Support at The Highlands at Lake Forest Place is at the forefront of today's fresh new thinking. We care for people who have difficulty thinking by providing them with new opportunities for an enhanced and enriched quality of life.

The Highlands Memory Support at Lake Forest Place is a beautiful and sensitive environment specifically designed to meet the needs of these residents. We provide dignified person-centered activities using a technology system called It's Never 2 Late. This system can adapt activities to meet each resident's abilities and increase cognitive stimulation while enhancing family involvement. Residents are able

to improve their socialization and quality of life by taking advantage of our amenities available such as our chapel, wellness clinic, therapy services, walking paths, meditation garden and so much more.

In this setting, we provide each resident with the greatest opportunity to experience joy, friendship and the security of belonging to a community. Each individual benefits from this unique approach. We believe this innovative approach creates a relationship of trust, understanding and commitment.

A Community of Endless Possibilities

*There really is no such thing as a typical day here.
Your life is whatever you want it to be.*

Through our CHOICES program, residents have the opportunity to choose from a vast and varied selection of programs within the seven dimensions of wellness – social, physical, environmental, spiritual, emotional, intellectual and community.

Whether you're looking for an active social life, educational opportunities or encouragement to live a healthier lifestyle, the CHOICES program offers residents the perfect opportunity to explore the widest range of possibilities.

LAKE FOREST PLACE

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Discover Lake Forest Place

Located on a beautiful 60-acre wooded campus, Lake Forest Place is one of the most highly regarded retirement communities on Chicago's North Shore. It is a vibrant engaging community that provides residents with opportunities to make new friends, pursue a healthier lifestyle and experience personal and spiritual growth.

 Presbyterian Homes

