



# ENHANCED Rehabilitation Services

Personalized physical, occupational, and speech therapy  
for older patients with cognitive impairment.

THE HEALTH CARE CENTER AT  
THE MOORINGS OF ARLINGTON HEIGHTS

A  Presbyterian Homes Community

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# A SPECIALLY DESIGNED REHAB PROGRAM *for the memory-impaired*

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The Moorings Health Care Center is pleased to offer physical, occupational and speech therapies for older adults experiencing cognitive impairment and other forms of dementia at our residential campus in Arlington Heights.

The Moorings has been serving older adults, including those with cognitive impairment, for more than 30 years and we understand the complex issues of dementia. Drawing on the Presbyterian Homes heritage of providing quality rehabilitation services for older adults, this new program meets a critical need for patients with cognitive impairment due to dementia, strokes and delirium. Our expert, compassionate team of physicians, nurses, therapists, social workers, activities and dietary staff are all trained to provide the personalized care that helps patients thrive.

## THE MOORINGS **REHAB SERVICES AT A GLANCE**



**Physical  
therapy**



**Occupational  
therapy**



**Speech  
therapy**



**Inpatient and  
outpatient programs**



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## *Compassionate, coordinated* REHABILITATIVE SERVICES

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It can be difficult for those with dementia and other memory challenges to benefit from physical, occupational and speech therapies. Unfortunately, too often these older adults simply go without necessary therapeutic services.

Older adults experiencing cognitive impairment require a unique set of skills from professionals that are familiar with dementia. Understanding a patient's cognitive challenges and providing services care with kindness, respect and compassion improves therapeutic outcomes.

The Moorings health care team is ready to provide new opportunities for an enhanced and enriched quality of life. From the moment a patient arrives, they are guided by a dedicated team that provides support and communication with family members every step of the way, making plan adjustments if and when they're needed. Our goal is to help patients regain functional abilities that enable them to be safer once they return home.

## EXPERT CARE CUSTOMIZED FOR EVERY PATIENT

At The Moorings, our focus is on maintaining a structured environment, critical for older patients with cognitive impairment. We offer the care and support of a multidisciplinary care team that includes physicians, nurses, physical, occupational and speech therapists, certified nursing aides, social workers, activity staff, housekeepers, and dining staff – to ensure that every patient receives comprehensive, individualized care. Consistent staffing assignments for each patient builds a strong bond.

Staff members at The Moorings are specially trained in dementia care, and receive training from the Rush University Medical Center in the unique needs of patients with Alzheimer’s disease and other forms of dementia.



## A PROGRAM DESIGNED FOR OPTIMUM RESULTS

The Moorings, as with every Presbyterian Homes rehabilitation center, features facilities equipped with advanced technologies that make rehab safer and easier to navigate for older adults. The facility provides the benefits of advanced and innovative physical therapy equipment and training protocols as well as speech therapy to address swallowing and cognitive issues. There are also practical functional treatment areas designed to help seniors maintain an independent lifestyle.

## NUTRITION CARE THAT PROMOTES OVERALL HEALTH



At The Moorings, we understand the important role that proper nutrition plays in the health and welfare of our patients. Our dining experience features the “MemoryFare” menu, an advanced nutrition solution for memory care developed with evidence-based research. The menu features ‘Fresh Bites’ which don’t require cutlery and promote independence in a wide range of settings.

## A SECURE AND COMFORTABLE ENVIRONMENT



This specialized therapy program is located on the 45-acre campus at The Moorings. The community setting features colorful gardens, tranquil lakes and shaded walking paths.

We have reserved a neighborhood of private suites specifically designed for patients with dementia and behavior challenges. This secured neighborhood will have friendly faces to reassure each resident they are safe and will be well-served.

## OUR COMMITMENT TO CUSTOMER SATISFACTION

The Moorings rehabilitation program is consistently among the industry leaders in terms of low hospital re-admission rates and customer satisfaction. In fact, more than 90% of residents using our rehabilitation services would recommend or highly recommend our programs to a friend. Our services are accredited by numerous agencies such as The Commission on Accreditation of Rehabilitation Facilities (CARF), and regularly earn high star ratings from the Center for Medicare Services. We also take a leadership role as a member of professional organizations such as Leading Age.



Presbyterian Homes Rehabilitation Services have earned 4- and 5-star ratings from the Center for Medicare Services, and is accredited by CARF.

## READY TO LEARN MORE?

We invite you to learn more about our rehabilitation program specialized for older adults with memory impairment. We can provide you a tour of our community and introduce you to our nurses, therapists and physicians. To learn more, give us a call at (847) 956-4095.

The Moorings is a non-sectarian member of Presbyterian Homes, a not-for-profit organization with a national reputation for creating extraordinary retirement communities for older adults for more than 100 years. To learn more, please visit us at [www.TheMooringsofArlingtonHeights.org](http://www.TheMooringsofArlingtonHeights.org)

If you'd like to know more about our specialized rehabilitation therapy services for older adults with dementia or memory impairment, we'll be happy to answer your questions and arrange a visit to The Health Care Center at The Moorings. Please call us at (847) 956-4095.

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