



NEVER RETIRE YOUR SPIRIT.

NEVER LET GO OF YOUR CURIOSITY.

AND NEVER SURRENDER YOUR ZEST FOR LIFE.

WELCOME TO WESTMINSTER PLACE.

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AND NEVER SURRENDER YOUR ZEST FOR LIFE.

At Presbyterian Homes, we have a different kind of mission.

We answer to a different bottom line.

Here, we put your independence above everything else.

Presbyterian Homes is a not-for-profit organization with a national reputation for creating extraordinary communities for older adults for nearly 100 years.

Communities that are alive with people, intellectual awareness,  
enduring friendships.

We even speak a different language.

There's no corporate-speak here.

We talk about spiritual well-being, joy, possibilities, and expectations.



THIS IS THE SPIRIT OF WESTMINSTER PLACE.

Westminster Place is more than a stunning,  
40-acre campus in a beautiful tree-lined neighborhood.

It is more than the gracious residences.

It is more than the extraordinary breadth of services.

And so much more than the 100 years of  
experience in retirement living.

Westminster Place is a community of spirited people.

People who cherish their independence.

People who embrace life's endless possibilities.

People who believe the best is yet to be.



PRESBYTERIAN HOMES

## FRIENDSHIPS FILLED WITH MISCHIEF AND LAUGHTER.

*“I have friendships that go back to the third grade. Some friendships are as old as my kids. So, it was such a surprise – no, a gift – to make new friendships here that are filled with as much mischief and laughter as when I was in high school.”*

Some residents say moving into Westminster Place is like going back to college – only now you know everything. The opportunities for personal growth and friendships are just as rich and abundant. And the funny thing is, people are still trying to figure out what they want to be when they “grow up.”

Meeting your new neighbors at Westminster Place is so easy. As soon as you move in, you’re welcomed and included in sessions to introduce you to residents and help you become acquainted with all the programs and services.

Westminster Place is filled with extraordinary

people – well-educated, community-spirited, independent. They’ve run corporations and PTAs.

They’ve built relationships with strong ties to family, friends and their communities.

Daily classes, activities and events instantly connect you with others who share your interests. On campus there are always opportunities to engage in lively, thought-provoking discussions on world events, hear live performances by professional musicians,

watch movies, play bridge, participate in a book review. Social events, special dinners, and campus parties help you build new friendships.





PRESBYTERIAN HOMES

## TODAY I INHALE LIFE.

*“Stop and smell the roses? Who had time – with work, kids, family, schools? But today, I inhale life. Every color. Every sparkle. Every moment.”*

It’s no surprise that shortly after most residents move to Westminster Place, they wonder, “Where did I ever find the time to work?”

We’ve created a campus that’s bursting with activity. For some residents it’s a chance to do things they never dreamed of doing – take a class at Northwestern University or start a fitness program. For others, it’s a chance to rediscover cultural events – and a nightlife.

With transportation available, anything is possible.

Our new Computer Center is fast becoming one of the most popular spots on campus. You can join residents who now use e-mail to connect with their family and friends. Progressive classes, ranging from using the mouse to advanced applications, bring more residents online each day.

The Westminster Place staff arranges transportation for excursions throughout the city. Trips

to experience live performances at the Lyric Opera, Symphony Center, and Chicago’s renowned theaters are enhanced by on-campus lectures led by top-level professionals – from Chicago Symphony musicians to university professors.

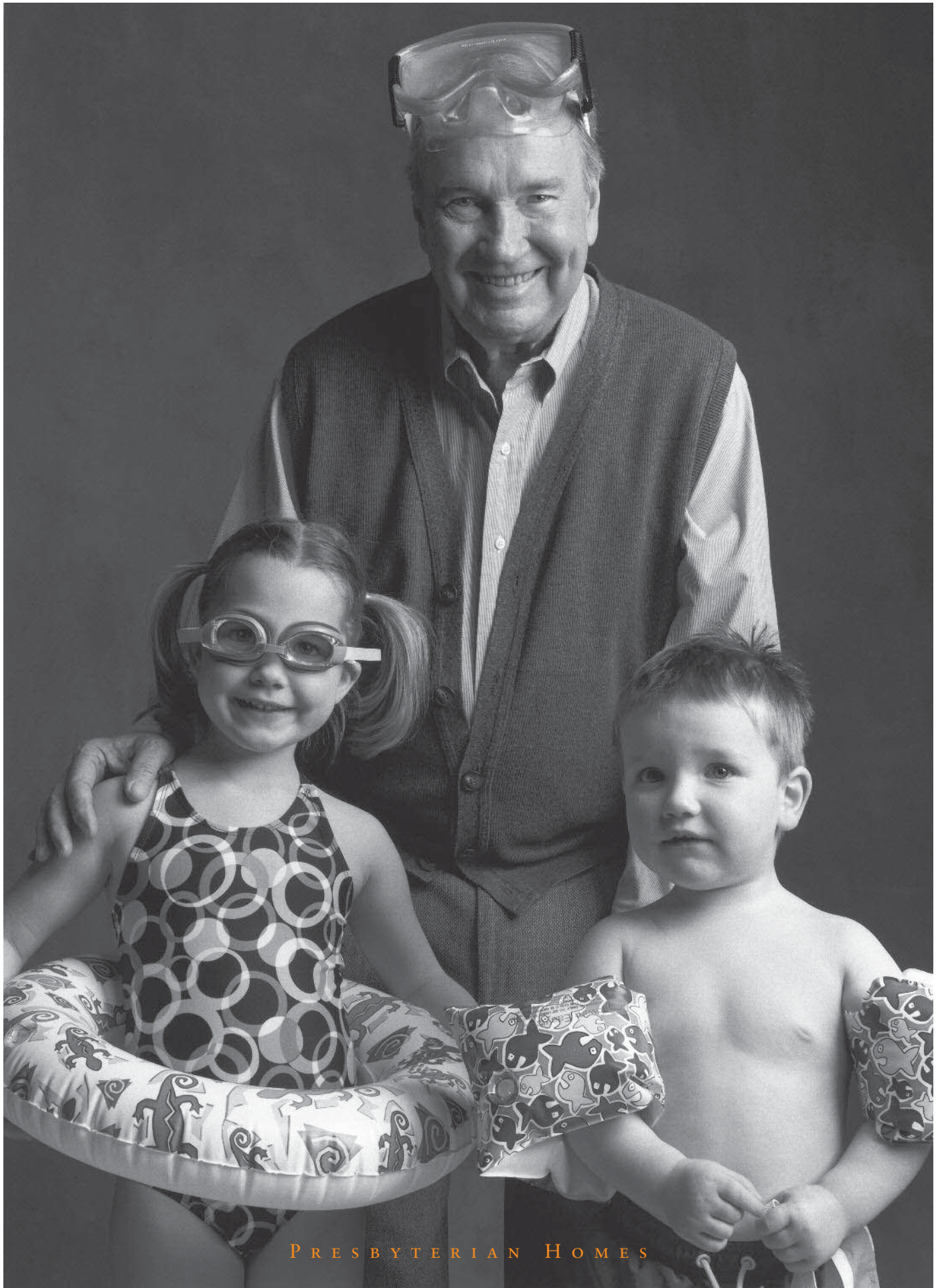
The hobby and craft center experts provide instruction, equipment and materials for painting, drawing, ceramics, weaving, and a well-equipped woodworking

shop.

Our campus includes the beautiful Elliott Chapel, a place for quiet prayer, religious services, and spiritual community.

What really distinguishes Westminster Place is our belief that residents want to discover the best that they can be. And it’s our responsibility to provide the opportunities so they can flourish.





PRESBYTERIAN HOMES

## THE BEST I CAN BE.

*“It was a day to remember – the day I relinquished the tyranny of chores. Today I have time for the important things – entertaining my grandkids, working on my photography, planning my next vacation – and making myself the best I can be.”*

If there is one place on the Westminster Place campus that embodies the heart of the community – it’s the Kimble Fitness and Therapeutic Center.

Everything about it promotes independence and wellness. This spectacular, 25,000 square foot, two-story facility is filled with residents who may be participating in a rigorous exercise regime or enjoying a splash in the pool.

Personal trainers, fitness instructors and a day-long schedule of classes help keep



everybody motivated, energized and healthy.

This sun-filled space offers a fitness pool for lap swimming and water aerobics, a warm water therapy pool, a large exercise room with the latest fitness equipment including strength-building machines, treadmills, and stationary bicycles.

Even more impressive than the stunning atmosphere is the spirit and energy, the confidence and camaraderie that fills the Kimble Fitness Center every day.



PRESBYTERIAN HOMES

## I'M NOT THAT OLD-FASHIONED.

*“Oh, come on, I’m not that old-fashioned. I finally traded in my hi-fi for a CD player. But I’ve been around long enough to know it’s not the chandeliers that make me comfortable here, it’s the people.”*

For many people in the area, Westminster Place is the only community they would consider. It seems to be part of a time-honored tradition – like the July 4th parade. But really, it’s because they know Westminster Place is something more.

Westminster Place is one of the most highly-regarded retirement communities on the North Shore and in the country. The beautiful campus, inviting residences, extraordinary opportunities for wellness and personal growth, and world-class healthcare – all contribute to our reputation.



Yet, without question, what makes Westminster Place such a remarkable place to live is the people who live here. People who are passionate about their independence and their community. While Westminster Place encourages and promotes your independence, residents are quickly embraced by an inviting sense of community.

A community that gives you the freedom to enjoy the best of the life you lead now, with new, unexpected opportunities for personal growth.



PRESBYTERIAN HOMES

## I SAW THAT LAUGHTER IN HER EYES.

*“When I spun my wife around on the dance floor, and saw that laughter in her eyes, I knew – we had made the right move.”*

At Westminster Place, your emotional, physical, and spiritual well-being are the core of our mission. Your wellness is at the heart of everything we do: the menus developed by a nutritionist, the fitness center classes, the abundance of activities and programs, even afternoon vespers in the chapel. And by providing excellent health-care services right here on campus, we make it easier for you to stay healthy.

In fact, few continuing care communities can match Westminster Place when it comes to providing health care. This campus boasts the Hansen Clinic – an on-site, outpatient health clinic and pharmacy. You can see one of our physicians in the clinic or you can keep your own doctor.



We also have wellness nurses on staff and a home health program.

Our medical services are led by a full-time medical director, who is a board-certified internist

with extensive training in geriatrics. Other physicians on staff are board-certified internists with certificates of additional qualification in geriatrics. We also have more than 18 specialists ranging from podiatrists and orthopedists to ophthalmologists.

The Westminster Place campus includes The Highlands of Evanston – an assisted living community – as well as The

McGaw Care Center and Frank B. Foster Pavilion for those who need short- or long-term care, rehabilitation, or specialized Alzheimer’s care.



## IT'S THE REALIZATION, I'M HOME.

*“Oh, there’s that wonderful feeling – almost a tingle really – every time I return to Westminster Place after a trip. It’s the realization, I’m not just back. I’m home.”*

Westminster Place offers one of the most inviting and gracious retirement lifestyles in the area. The welcoming warmth that prevails here comes from both the beautiful campus and the vibrant people who call this place home.

Gardens, fountains and winding walking paths greet you as you enter the 40-acre campus. Our residents live in neighborhoods that are alive with friendships, laughter, barbecues, partners for the fitness center or a night downtown. Yet, there’s always time for privacy and a personal life.

Every cottage, townhouse and apartment has its own special appeal and unique floor plan. The apartments are convenient to the Westminster Commons and the Kimble Fitness Center. The cottages and townhouses offer delightful patios



and areas to garden. During inclement weather, residents take advantage of indoor passageways that connect many buildings on our campus.

Residents can meet in the Westminster Commons lounge before dinner in the elegant dining room or enjoy a casual meal in the grill. The Commons includes a sunroom, an extensive library, computer center, a gift store, lecture hall, beauty salon and barber shop, and craft rooms. Here, residents can enjoy the quiet solitude of a book, email grandchildren or join a group of friends for lunch.

We invite you to call us, come for a tour, stay for lunch. There is only one way to get that Westminster Place feeling – discover it for yourself.

WESTMINSTER PLACE



YOUR CURRENT RESIDENCE VS. WESTMINSTER PLACE  
**COMPARE THE VALUE**

EXPENSES	CURRENT MONTHLY COST	WESTMINSTER PLACE
Mortgage/Rent/Assessments	\$ _____	Included
Real Estate/Property Tax	\$ _____	\$100 to \$415/month
Food <i>Flexible dining options</i>	\$ _____	Included
Insurance <i>Homeowners and long-term care insurance</i>	\$ _____	Reduced Cost <i>180 days of nursing care included</i>
Utilities <i>Electric, gas, water, sewer, refuse, basic cable TV</i>	\$ _____	Included
Housekeeping <i>Weekly cleaning service</i>	\$ _____	Included
Transportation <i>Car payment, fuel, maintenance repairs, insurance</i>	\$ _____	Included <i>To churches, shopping and outings</i>
Lawn Maintenance	\$ _____	Included
Snow Removal	\$ _____	Included
Home Maintenance <i>Complete indoor and outdoor maintenance and repair</i>	\$ _____	Included
24-Hour Security	\$ _____	Included
Emergency Call System	\$ _____	Included
Fitness Center Dues	\$ _____	Included
Entertainment <i>Social and cultural activities</i>	\$ _____	Included
TOTAL MONTHLY EXPENSES	\$ _____	\$ _____ <i>Monthly fee at Westminster Place</i>



IT'S INDEPENDENT.

IT'S CURIOUS. IT'S WISE. IT'S HONEST.

IT'S FULL OF LIFE.

WESTMINSTER PLACE  
A Non-sectarian Member of  Presbyterian Homes

3200 Grant Street  
Evanston, Illinois 60201  
847-570-3422 800-896-9095  
[www.RetireNothing.org](http://www.RetireNothing.org)

## MISSION

Presbyterian Homes is an independent, not-for-profit corporation providing quality residential communities, health care programs, and services for older adults from diverse social and economic backgrounds.

Through its programs and activities, Presbyterian Homes seeks to embody the values of the Christian tradition for persons of all faiths by attending to their physical, intellectual, social, emotional, and spiritual needs.

By offering a comprehensive continuum of care, Presbyterian Homes encourages older adults to experience the fullness of life in community with dignity, joy, and the highest level of independence their health will allow.



Westminster Place is accredited by the Continuing Care Accreditation Commission, an independent commission sponsored by the American Association of Homes & Services for the Aging.



# COMPARE THE LIFESTYLE

WESTMINSTER PLACE	OTHER COMMUNITY
<b>COMMUNITY AMENITIES</b>	
Fine dining with take-out option	_____
Residences from 700 to 2,500 square feet	_____
Garage parking	_____
Multi-denominational chapel	_____
<b>SOCIAL AND EDUCATIONAL PROGRAMS</b>	
Clubs and special interest groups	_____
Trips and outings throughout area	_____
<b>FITNESS CENTER</b>	
Personal trainers	_____
Specialized fitness equipment	_____
Lap pool	_____
Warm-water therapy pool	_____
<b>WELLNESS</b>	
Healthy dining options planned by full-time dietician	_____
Brain Fitness classes and trainers	_____
Full-time social workers and chaplain to provide emotional and spiritual support	_____
On-site Medical Director and staff physicians	_____
On-site pharmacy and clinic	_____
Wellness nurse	_____
24-hour emergency nurse response	_____
Extensive rehabilitation services with full-time, masters trained physical, occupational and speech therapists	_____
Therapeutic programming including music, pet and horticultural therapies	_____
<b>HEALTHCARE PROGRAM</b>	
Licensed assisted living on site	_____
Skilled nursing care in all private rooms	_____
Specialized, secure memory care in all private rooms	_____
<b>SECURITY</b>	
24-hour staff walks our campus and monitors the campus-wide security cameras	_____
Security, smoke and fire alarm systems	_____
Emergency back-up safety systems	_____

