



We speak a different language.

THE HIGHLANDS OF EVANSTON  
*An assisted living community at Westminster Place*

# We speak a different language. Listen.

There may be a time when you need to consider a new way to live. You may be thinking about a place that makes living a little easier, a little safer — and never compromises the independence you enjoy.

We know it takes time to make this decision. So, visit us often. Stay for lunch. Talk with our staff. Ask us questions. Tell us what's on your mind. We will do everything we can to make you feel comfortable with your decision to live at The Highlands of Evanston and Westminster Place.

For more information, please call The Highlands of Evanston Admissions Director at 847-866-1615; or 800-896-9095.

THE HIGHLANDS OF EVANSTON  
*An assisted living community at Presbyterian Homes*



## It begins with the word joy.

The joy we bring to the lives of every person at The Highlands of Evanston — the assisted living community at Westminster Place.

There's the gracious warmth of our lobby that welcomes you every time you come home. The bright, sun-filled residences. The endless opportunities for companionship and laughter. The fragrances and sounds that greet you during a stroll along one of our shaded walking paths.

And then there's the joy of independence.

We believe every resident can continue to embrace the fullness of life and the joy of independence with the highest level of support and care from The Highlands of Evanston.



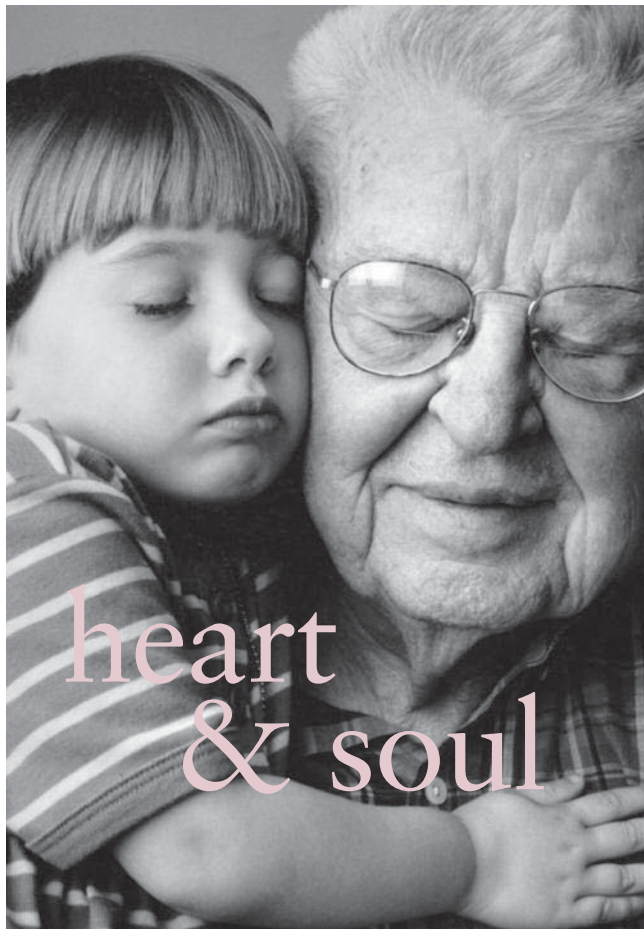
## We believe in possibilities.

The possibilities of living at The Highlands of Evanston. We believe that with a little assistance — and sometimes a little encouragement — residents can discover new possibilities for learning, friendship, enrichment... and living.

This is a community alive with activities, events, resources and people. Everything here is about our residents. The splashing fountain. The way we help button a dress, straighten a tie. The special living rooms for family entertaining. Water aerobics. A staff that builds relationships with residents, easily bringing warmth and consideration to every newcomer, making them feel welcome and at home.

Take your time. Ask us questions.

Tell us what's on your mind.

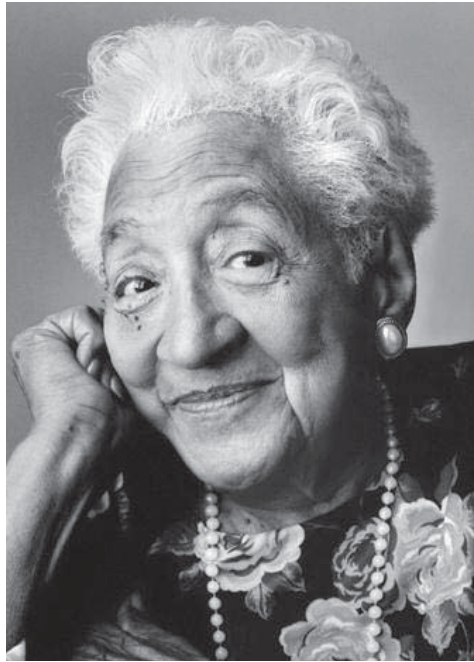


## We listen to your heart ... and speak to your soul.

Our staff provides a compassionate, intuitive way of caring. The kind that listens to what people say... and what they don't. We want to know about the little pain in your leg. The passing sadness you felt last night. And what you and your friends were laughing about at breakfast. It all matters. It's all important. Our experience has taught us that trust and understanding can go hand-in-hand with daily medication reminders.

We also have learned that some residents find their faith and opportunities for spiritual refreshment to be as important as an annual physical. So, you are always invited to worship at Elliott Chapel on our campus, or to follow another spiritual path, if you wish.

We know that life flourishes if we never lose sight of the spirit.



## We go beyond expectations.

And it's been that way for more than 100 years.

Presbyterian Homes, a not-for-profit organization, has earned a national reputation for creating extraordinary communities for older adults. Communities built on an unending commitment to quality of life and exceeding expectations. The Highlands of Evanston — a non-sectarian member of Presbyterian Homes — builds on this tradition.

Life here is vibrant and alive.

Our assisted living community is located on 40 acres of landscaped grounds in a quiet, residential neighborhood. Fountains, gardens and flowering trees enhance the park-like setting.

There's a state-of-the-art fitness center that boasts an indoor swimming pool, therapy pool, and the latest exercise equipment. Our personal trainers and instructors understand how to work with older adults to help them stay fit... and motivated. Brain fitness classes keep the mind sharp as well.

Lively, thought-provoking and engaging discussions on world events, culture and music are led by top-level professionals — from Chicago Symphony musicians to university professors.

We have a complete on-campus, full-service health care center. The McGaw Care Center team of highly qualified medical and nursing professionals can give regular checkups, take a look at a sore throat, and provide care during any illness or extended period of skilled nursing.

The Highlands of Evanston is a beautiful, comfortable community with a little extra support and security — and endless opportunities for enjoying life.

joy possibilities heart soul expectations



# Questions.

*You must have a lot of them.*

**Let's see if we can provide a few answers.** Whatever questions arise as you consider The Highlands of Evanston, we invite you to call or stop by. We're here to help.

**Presbyterian Homes welcomes people of all faiths.** You do not have to be Presbyterian to live in our community.

**We are a continuing care community.** This means that we will provide you with every level of care, when you need it, without leaving our community. Westminster Place offers independent living, assisted living, and licensed skilled nursing care — including specialized memory care — all on a beautiful 40-acre campus.

**Presbyterian Homes has served generations.** We have been providing care for more than 100 years. We've cared for your mothers and fathers, your aunts and uncles, your teachers and neighbors. We're nationally accredited by CARF/CCAC, and we keep working every day on doing it better.

**Our staff has an extraordinary commitment to our residents.** Our staff believes in our mission and helps us fulfill it daily. It's not unusual to find people who have worked with us for 20 years or more. We even have generations within families who have worked with us. That's commitment.

**Your life here will be fulfilling.** One of the benefits of The Highlands is that we take away much of the worry, so it's easier for you to enjoy each day. We are a community of opportunity. Here you can make close friends. Discover something new about yourself. Pursue a lifelong interest.

**Your family and friends are welcome.** Always. Bring them to dinner. A special event. We even offer guest rooms that can be reserved when they come to town.

**We welcome you.** If you decide that The Highlands of Evanston is the right decision, here's how to begin. To apply for residency, we ask that you submit an Application Form with a deposit of \$2,200.

We will also have you meet with a member of our medical staff to discuss the types of daily activities with which you may want assistance.

Once you choose an apartment, we can help you with the details of your move. If an apartment is not available, your name will be placed on our Future Residents List, and you will be contacted as soon as an apartment becomes available. If your plans change, The Highlands will refund \$2,000 of your deposit promptly.

**Visit us anytime.** Just call 847-866-1615. Even if you decide not to move to The Highlands of Evanston, we can help you identify other options. For over 100 years we have been building relationships throughout the Chicago area. We're glad to be a resource.

# Assisted Living

## Assistance when you need it

*The Highlands of Evanston provides three levels of care to meet your needs and wants. You can choose the amount of support that feels right to you, and receive more or less help as you wish.*

### Level One

- Three meals served daily in the dining room
- Weekly housekeeping including personal laundry, linen service
- Daily housekeeping including touch-up cleaning, bedmaking
- Morning and evening check-in
- Standby assistance with bathing and dressing (up to twice per week)
- Medication reminders
- Incontinence monitoring and occasional assistance
- Delivered meals (when ordered by medical director)

- Complete maintenance of apartment, community buildings and grounds
- Activities and wellness programs
- Concierge package delivery
- Utilities, including local telephone
- 24-hour emergency call system
- 24-hour security
- Consultation with dietician
- Social services
- Pastoral care
- Assistance making appointments (concierge)
- Assistance arranging transportation (concierge)
- Personal transportation on campus

### Level Two

In addition to all services offered in Level One, Level Two also includes:

- Assistance to the dining room
- Assistance at mealtime
- Daily standby assistance with bathing and dressing
- Medication supervision
- Incontinence monitoring and assistance (up to twice per week)
- Personal care and hygiene assistance

*continued next page*

## Level Three

In addition to all services offered in Level One and Two, Level Three also includes:

- Full assistance with bathing (more than twice per week)
- Full assistance with dressing (more than twice per week)
- Medication administration
- Assistance with incontinence (more than twice per week)

## Services available at Westminster Place for an additional charge

- Personal staff physician for annual examinations and follow-up care
- Laboratory testing and diagnostic examinations ■
- Annual dental examinations and cleaning
- Auditory and visual screening examinations
- On-campus Hansen Clinic for outpatient services provided by a range of specialists ■▲
- Prescription medications
- Physical, occupational, and speech therapy
- Private-duty nursing care
- Nutritional supplements, as ordered by a physician
- Specialized medical equipment or supplies
- Massage therapy
- Ambulance or other transportation services
- Beauty shop and barber shop services
- Non-local and long distance calls
- Personal supplies
- Guest rooms
- Licensed skilled nursing care
- Special memory care

■ Residents pay 20 percent of the Medicare-approved charges.

▲ Residents pay for podiatry services not approved by Medicare.

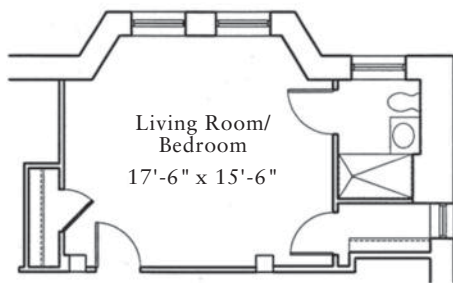
# Assisted Living Comparison Guide

	The Highlands of Evanston	Other community
<b>On-Site Medical Services</b>		
Skilled nursing (yes/no, number of private rooms)	yes*/200	
Staff physicians and specialists	yes**	
Laboratory testing/diagnostic exams	yes**	
Full-service clinic	yes**	
Dental exams and annual cleanings	yes*	
Auditory and visual screening	yes*	
Full-service pharmacy open 5 days/week	yes**	
Physical, occupational, and speech therapy	yes**	
<b>Amenities</b>		
Fitness center with personal trainers	yes	
Swimming and therapy pools	yes	
40-acre mature campus with walking paths	yes	
Scheduled transportation	yes	
Activities and wellness programs	yes	
Library	yes	
Chapel	yes	
Concierge services	yes	
Local phone service included	yes	
Coffee and cocktail hours	yes	
Woodworking shop	yes	
Arts/crafts studio with classes, jewelry firing oven, weaving looms	yes	
Brain fitness center and computer classes	yes	
Greenhouse	yes	
Gift shop and on-campus stores	yes	
<b>Additional Services:</b>		
Beauty shop/Barber shop	yes*	
Guest apartments	yes*	
Private-duty nursing care	yes*	

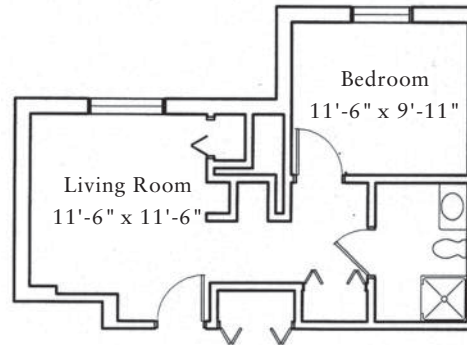
\* Available but not included

\*\* Residents will receive a bill for services not reimbursed by Medicare

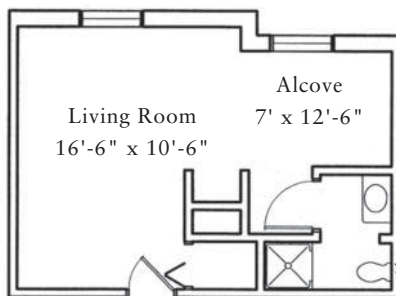
# A Sampling of Apartment Options



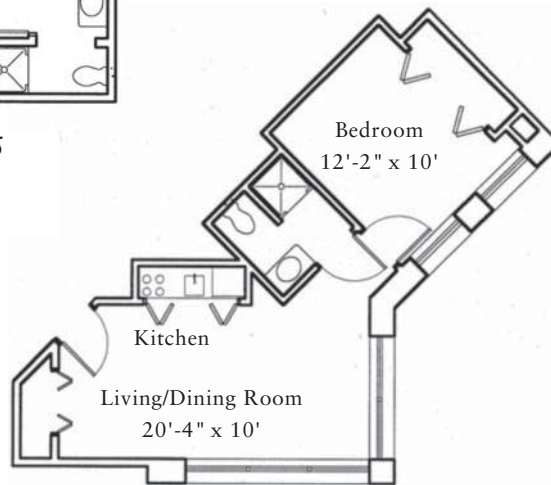
Huss Plan #6  
Studio 347 sq. ft.



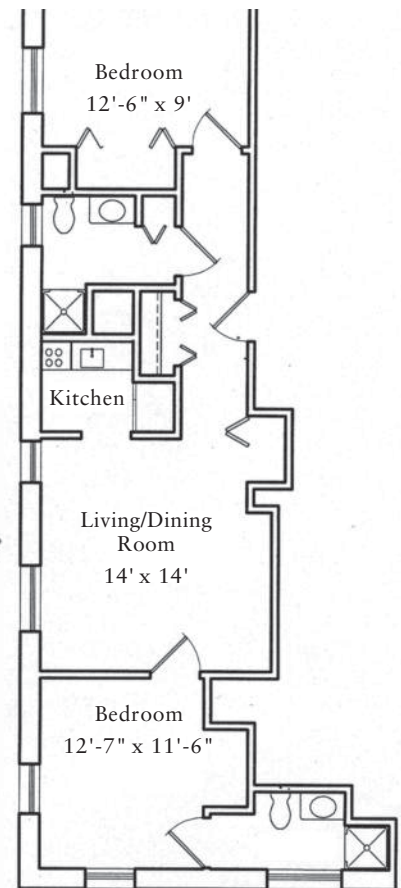
Wilson/Sidwell Plan #6  
One Bedroom 455 sq. ft.



Wilson/Sidwell Plan #5  
Studio 388 sq. ft.



Geneva Plan #3  
One Bedroom 465 sq. ft.



Geneva Plan #18  
Two Bedroom 725 sq. ft.

*All dimensions  
are approximate.*

*Other floorplan  
styles are  
available, but  
not shown.*

*Larger-scaled  
drawings are  
available  
upon request.*

# McGaw Health Care Center

*Your health is everything*

## McGaw Health Care Center

Your health is everything.

And that's why — except for a hospital — Westminster Place has everything right here on campus to meet all your health care needs.

These services are available to all the residents of The Highlands of Evanston, with many medical services included in the monthly fee.

We take a multidisciplinary approach to health care: everyone is involved, everyone listens, everyone cares. Physicians, nurses, physical, occupational and speech therapists, social workers, chaplains, activities therapists and administrators join together to meet residents' needs.

### **On-site, Out-patient Medical Clinic**

Our Hansen Clinic is a convenient, on-campus health care service that provides immediate attention to residents when they don't feel well. The clinic is staffed by a full-time medical director who, in conjunction with physicians and registered nurses, works with residents, their families and the social services staff to assess residents' needs.

Our staff members, trained in geriatrics, are supplemented by a team of medical specialists ranging from orthopedists and podiatrists to ophthalmologists and rheumatologists who visit with residents regularly. A full-service pharmacy, open five days a week, is an easy way to get medicine without leaving the campus.

### **Nursing and Rehabilitation**

The McGaw Care Center provides superior long-term care for those with physical as well as memory challenges. The Foster Pavilion provides sensitive, home-like support for those who suffer memory loss. Short respite stays are another option.

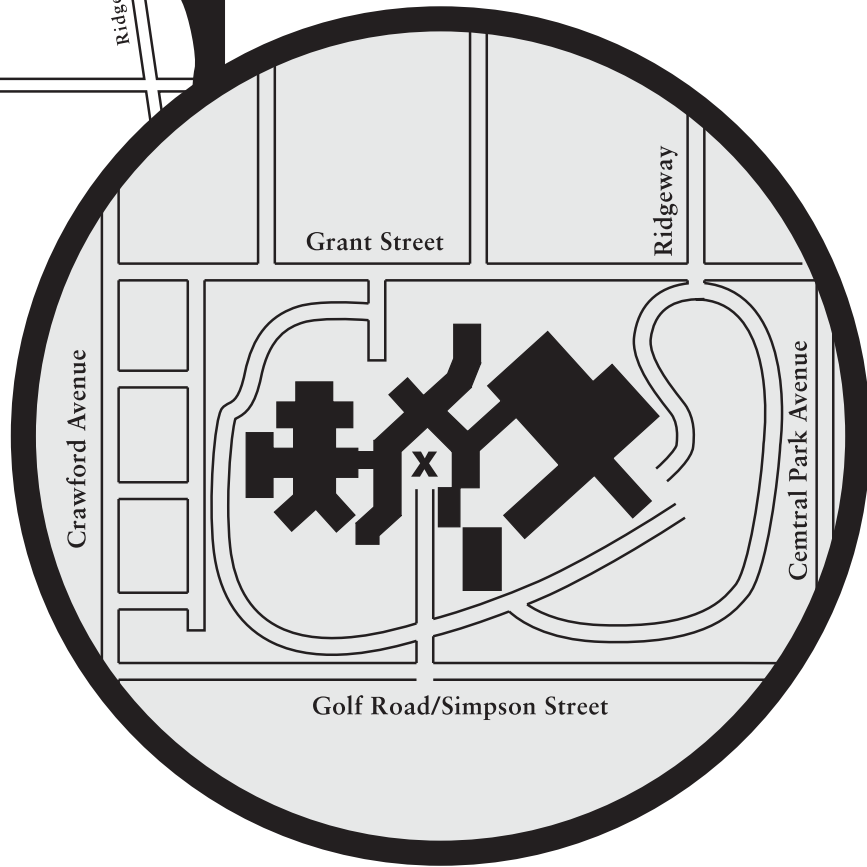
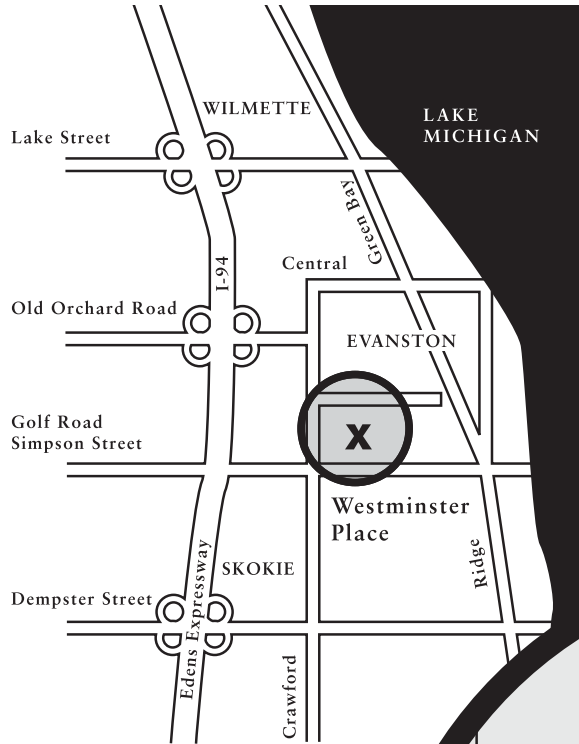
In addition, a team of highly qualified medical and nursing professionals will provide care during any illness, or following surgery.

When a resident requires more extensive medical treatment, our medical director or one of our staff physicians can arrange for hospitalization.

Rehabilitation is offered at McGaw Care Center to help residents achieve their highest level of independence through physical, occupational or speech therapy.

Presbyterian Homes has established itself as a leader in continuing care by carefully integrating comprehensive health care services into its communities.

# Directions to The Highlands of Evanston



The Highlands of Evanston  
3131 Simpson (Golf Road)  
Evanston, Illinois 60201

847-866-1615  
800-896-9095  
[www.presbyterianhomes.org](http://www.presbyterianhomes.org)

## The Presbyterian Homes Mission

Presbyterian Homes is an independent, not-for-profit corporation providing the highest level of quality residential communities, health care programs, and services for older adults from diverse backgrounds. Through its programs and activities, Presbyterian Homes seeks to embody the values of the Christian tradition for persons of all faiths by attending to their physical, intellectual, social, emotional, and spiritual needs. Through the Geneva Foundation, Presbyterian Homes assists older adults with limited financial resources. By offering a comprehensive continuum of care and a nurturing environment, Presbyterian Homes encourages older adults to experience the fullness of life in community with dignity, joy, and the maximum level of independence their health will allow.

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